CAFETERIA:

In order to keep the cafeteria clean and attractive, the following rules must be observed:

1) Always use a tray (complete lunches).
2) Keep milk cartons, food and waste paper on the tray.
3) Empty all debris from trays into the proper containers. Return trays, dishes, and silverware to the receiving window.
4) Seat no more than eight students at a table.
5) Keep tables, seats and floors clean.
6) Talk in a normal voice.
7) Keep the cafeteria lines orderly.
8) Never push or run. Students are to be seated (no standing).
9) Pick up and clean up any food which is dropped or spilled.
10) Eat all food at the table.
11) Respect cafeteria duty teachers' authority.

Breakfast is served daily at all schools. Please refer to your student's handbook for additional information.

A LA CARTE – FOOD/SNACKS:

The following standards apply to all foods offered as ala carte:

- Portion sizes will not exceed the serving size or food served in the National School Lunch or School Breakfast Program and/or items will be packaged in single serving lunches.
- A selection/variety of whole grains will be available on a daily basis.
- A minimum of one fresh fruit and vegetable will be offered daily. A variety of fruits and vegetables will be offered from day-to-day.
- A variety of items that provide two grams of fiber per serving will be available on a daily basis (at least two items).
- Foods of Minimal Nutritional Value (USDA regulation 7CFR 210 and 220) will not be available anytime during the school day.

In addition, the majority of items offered will:

- Not contain added sugar as the first ingredient.
- Provide no trans fatty acids.

A LA CARTE – BEVERAGES:

A minimum of 75% (100% for grades K – 6) of beverages offered will be:

- Water, unflavored (any size)
- 100% fruit juice (not to exceed twelve oz.).
- Milk, 1% lowfat or nonfat (not to exceed 16 oz.), flavored or unflavored (not to exceed thirty grams of sugar per eight ounce serving, inclusive or naturally occurring sugar).

Marketing, pricing, and nutritional education strategies will be used to encourage the selection of the healthier foods and beverages listed above. Foods of Minimal Nutritional Value (USDA regulation 7CRF 210 and 220) will not be available anytime during the school day.

FOODS FROM HOME:

Parents/caregivers will be encouraged to promote their child's participation in the school meals program. If they or their child chooses not to participate in the school meal program, parents/caregivers are strongly encouraged to provide the student with healthy alternatives.

NUTRIKIDS SYSTEM:

The Plum Borough School District Food Service uses a computerized system for meal purchases called Nutrikids. By registering for a meal account at www.myschoolbucks.com, parents can pay in advance for

meals and/or ala carte items. Students will be able to pay cash on a daily basis, but will need to enter a PIN number. The system will know the meal status (free, reduced or full price) of the student and will deduct the money accordingly.

A complete explanation of the Nutrikids/MySchoolBucks system, as well as frequently asked questions, is available on the District website under the Food Services tab. Questions may also be addressed to the Food Services Department at (412) 798-6349.

LUNCH CHARGE PROCEDURES:

Students will be afforded the ability to charge 5 (five) full lunches. If a lunch account enters into a negative balance, the student will be given a charge slip at that time to be taken home. Also, if there is any negative balance at any time, students will not be permitted to charge “extras”.

FOOD SERVICE DEBT COLLECTION PROCEDURE:

The first of each month (Oct. - March), notices are sent via parent portal and/or U.S. mail notifying households of a negative lunch balance ($13.50+/secondary, $12.25+/elementary+). If debt is not paid within 2 weeks, a second notice is sent to households via U.S. mail and/or parent portal, notifying the households the account must be paid in full or the Food Service Department must be contacted to set up a potential payment plan.

On April 15th, any student that incurs a negative lunch balance of $13.50+/secondary, $12.25+/elementary will receive a letter via U.S. mail and/or parent portal. If payment is not made within two weeks of our April 15th mailing, a phone call and a 2nd notice letter will be sent to the household via U.S. mail requesting payment. If payment is not received by the end of the 2nd week of May, a second phone call will be made to the household along with a letter stating if payment is not received in 2 weeks, names will be submitted to the Credittech Collection Services in order to pursue debt collection.

NOTE: The Food Service & Nutrition Department feels it is important that students not be denied access to a meal during the school year. If you have any questions, please call the Food Service Department at (412) 798-6349.