

Book	Policy Manual
Section	800 Operations
Title	Wellness Program
Number	822
Status	Active (Under Review)
Adopted	September 25, 1989

Purpose

The Wellness Program is designed to provide motivation and activities to improve the general health and fitness of the staff. The specific objectives for the program are:

- a. To increase knowledge and awareness of programs and resources that encourage a healthier lifestyle.
- b. To engage our colleagues in activities to maintain a healthier lifestyle.

Authority

The Board will facilitate and encourage the staff to take advantage of the programs and activities developed by the Wellness Committee.

Delegation of Responsibility

The ~~Assistant~~ Superintendent shall **designate two employees to** develop and coordinate the Wellness Program ~~with help and assistance from all employee groups.~~